



**Dr. Somayeh Azimi**

## **1. Personal information**

- **First Name:** *Somayeh*
- **Last Name:** *Azimi*
- **Place of birth:** *Shiraz*
- **Marital status:** *Single*
- **Academic Degree:** *Associate Professor*
- **Work Address:** *Department of Health Education & Promotion, Faculty of Health and Nutrition, Yasuj University of Medical Sciences*
- **E-mail:** *s.azimi1390@yahoo.com / somayeh.azimi@yums.ac.ir*
- **ORCID:** <https://orcid.org/0000-0001-6493-9584>
- **Scopus Author ID:** *57192417632*
- **ResearcherID:** *NDS-2518-2025*

## **2. University education**

- **2017-2023:** *Ph.D. in Health Education and promotion from School of Public Health, Tabriz University of Medical Sciences, Tabriz, Iran.*
- **2011-2014:** *M.Sc. in Health Education from School of Public Health, Shahid Behashti University of Medical Sciences, Tehran, Iran.*
- **2004-2008:** *B.S. in Nursing from School of Nursing, Yasuj University of Medical Sciences, Yasuj, Iran.*

## **3. Job Experiences**

- **2025-Present:** *Faculty Member, School of Public Health (SPH), Yasuj University of Medical Sciences (YUMS), Yasuj, Iran*
- **2015-2017:** *Faculty Member, School of Nursing, Larestan University of Medical Sciences, Larestan, Iran*
- **2009-2010:** *Nurse, Shahid Faghihi Hospital, Shiraz*
- **2008-2009:** *Research Expert, Student Research Committee, Yasuj University of Medical Sciences, Yasuj, Iran*

## 4. Research Projects

- 1) An evaluation of the quality of nursing reports documented in the medical records of patients hospitalized at Imam Sajjad (AS) and Shahid Beheshti Hospitals in Yasuj in 2006. *Yasuj University of Medical Sciences*
- 2) A study of compliance with ethical codes in theses and research projects at Yasuj University of Medical Sciences. *Yasuj University of Medical Sciences*
- 3) A comparative study of initial and final diagnoses of hydatid cyst in patients hospitalized at Shahid Beheshti Hospital, Yasuj. *Yasuj University of Medical Sciences*
- 4) A study of hydatid cyst surgery cases in educational and medical centers of Yasuj City. *Yasuj University of Medical Sciences*
- 5) Comparison of health literacy and health-promoting behaviors among students of Shahid Beheshti University of Medical Sciences and Shahid Beheshti University during the 2013–2014 academic year. *Shahid Beheshti University of Medical Sciences*
- 6) Explaining the perceived barriers of sexual intimacy and its improvement in reproductive age couples with cognitive-behavioral couple therapy approach: A Sequential Exploratory Mixed Methods Study. *Tabriz University of Medical Sciences*
- 7) Design and validation of the tool for assessment of medical students' awareness on their 13 roles in medical universities. *Tabriz University of Medical Sciences*
- 8) Survey of Iranian people's health beliefs about COVID-19 based on Health Belief Model. *Tabriz University of Medical Sciences*
- 9) Mental health and factors affecting it in frontline healthcare workers in COVID-19 care. *Tabriz University of Medical Sciences*
- 10) Epidemiologic, demographic and clinical features of COVID-19 patients in North-West of Iran. *Tabriz University of Medical Sciences*
- 11) Survey of knowledge, attitude and performance of health service providers regarding dengue fever in Kerman province, 1402. *Sirjan Faculty of Medical Sciences*
- 12) Investigating the prevalence and determinants of elder neglect: A systematic review. *Yazd University of Medical Sciences*
- 13) Study of individual and social factors affecting head lice infestation (pediculosis) among students in Tabriz city in 1403-1404. *Tabriz University of Medical Sciences*
- 14) Developing a model of feasible municipal measures to improve happiness of youth and teenager. *Tabriz University of Medical Sciences*
- 15) Examining the types of telepsychiatry methods: a systematic review. *Tabriz University of Medical Sciences*
- 16) Assessment of knowledge, attitudes, and practices of medical sciences students regarding dengue fever and vectors at Kerman University of Medical Science. *Tabriz University of Medical Sciences*
- 17) Investigation of the knowledge, attitude and practice of Yasuj University of Medical Sciences students about dengue fever in 2025: A descriptive-analytical study. *Yasuj University of Medical Sciences*
- 18) Comparison of mothers' psychosocial profile and quality of life in children with cystic fibrosis and children with chronic obstructive airway disease in Kohgiluyeh and Boyer-Ahmad provinces: a Descriptive-analytical study. *Yasuj University of Medical Sciences*

- 19) Exploring Iranian Children's Mental Representations of the Iran–Israel regime Conflict: A Qualitative Inquiry. *Yasuj University of Medical Sciences*
- 20) Study of the relative frequency of risk factors and complications of lipoabdominoplasty in patients of hospitals in Yasuj city in 2025-2026.: A descriptive-cross-sectional study. *Yasuj University of Medical Sciences*

## 5. Papers

### ❖ In English:

- 1) Bazrafshan MR, Bahmaninejad M, Ahmadpoori SF, Mansouri A, **Azimi S**, Ghanbaripour F, Jokar M, Delam H. The investigation of Job motivation of secondary school teachers: A cross-sectional study. *Journal of Health Sciences & Surveillance System*. 2020;8(2):81-4.
- 2) Shirvani T, Javadivala Z, **Azimi S**, Shaghghi A, Fathifar Z, Devender Bhalla HD, Abdekhoda M, Nadrian H. Community-based educational interventions for prevention of type II diabetes: a global systematic review and meta-analysis. *Systematic Reviews*. 2021. 10(81):3-12.
- 3) Javadivala Z, Allahverdipour H, Asghari Jafarabadi M, **Azimi S**, Gilani N, Chattu VK. Improved couple satisfaction and communication with marriage and relationship programs: are there gender differences?—a systematic review and meta-analysis. *Systematic Reviews*. 2021. 10(187):2-14.
- 4) **Azimi S**, Baraie B, Keykhaei R, Vakilian R, Hakimi S. Effect of Milk Thistle Plant on Breast Milk Volume: A Systematic Review. *Complementary Medicine Journal*. 2022. 12(1):2-13.
- 5) MohammadpourAsl A, Masoudi N, Jafari N, Yaghoubi S, Hamidi F, Dehghani A, **Azimi S**, Saadati F, Kashiri F, Kivi FD, Abbasi M. Transition through smoking stages in adolescents: an innovative perspective using growth mixture models. *Journal of Public Health*. 2023:1-9.
- 6) Mahmoodi H, Nadrian H, Moradzadeh R, Shahi F, **Azimi S**, Shirzadi S, Sharifi Saqqezi P, Keshavarzian K, Iranpour A, Saadati F, Hosking S. Inadequate functional health literacy and its associated gender inequality among an ethnic population: A social survey. *Journal of Health Literacy*. 2023;8(1):28-41.
- 7) **Azimi S**, Javadivala Z, Alizadeh Mizani M, Pourrazavi S, Fathifar Z, Chattu VK, Allahverdipour H. A Glance at the Efficiency of Marital Sexual Intimacy Interventions: The Different Outcomes on Couples and Women. *The Family Journal*. 2023:1-14.
- 8) Zhianfar L, Nadrian H, Javadivala Z, Najafi S, Shirzadi S, Pirehbabi K, Honarpazhouh O, **Azimi S**, Shirvani T, Ebrahimi SH, Bhalla D. How does health literacy associated to bio-behavioral and psychosocial outcomes among hemodialysis patients? A systematic review. *BioSocial Health journal*. 2024 Mar 17;1(1):2-13.
- 9) Kakemam E, Maassoumi K, **Azimi S**, Abbasi M, F, Alizadeh M. Prevalence of depression, anxiety, and stress and associated Tahmasbi reasons among Iranian primary healthcare workers: a mixed method study. *BMC Primary Care*. 2024:25:40.
- 10) Abbasi M, Zaim M, Moosazadeh M, Alizadeh M, Dorosti A, Khayatzaadeh S, Nikookar SH, Raeisi A, Nikpoor F, Miroyaie A, Hokmabad BN, **Azimi S (Corresponding author)**. Uncovering the knowledge gap: A web-based survey of healthcare providers' understanding and management of dengue fever in East Azerbaijan, Iran. *PLOS ONE*. 2024 Jun 21;19(6):e0305528.
- 11) Pourrazavi S, **Azimi S**, Fakhari A, Barzegar H, Farahbakhsh M. Preferences and expectations of end-users from a mental health educational portal: A qualitative study. *Health Promotion Perspectives*. 2024 Oct 31;14(3):297.
- 12) Pourrazavi S, **Azimi S**. Social determinants and mental health resilience after the pandemic: A biosocial perspective. *BioSocial Health journal*. 2025 Mar 17;2(1):8-11.

- 13) Mohammadi YK, **Azimi S**, Abdollahpour N, Ranjbarzadeh FS, Zonouzy VT, Ghaffarifar S. New roles of students as partners: Importance of students' roles, level of preparedness and available opportunities on the basis of a validated self-assessment questionnaire. BMC Medical Education. 2025 Apr 11;25(1):515.
- 14) **Azimi S**, Javadivala Z, Izadi M, Ghilani N, Allahverdipour H. Communication Skills and Their Socio-Sexual Predictors After Husbands' Retirement: Gender Differences. SAGE Open. 2025 Jul;15(3):21582440251357056.
- 15) **Azimi S**, Hashemiparast M, Mizani MA, Javadivala Z, Bagherzadeh B, Allahverdipour H. A qualitative exploration of declining sexual intimacy among married men and women. Health Promotion Perspectives. 2025 Nov 4;15(3):286

#### ❖ In Persian:

- 1) Ramezankhani A, Ghafari M, Rakhshani F, Ghanbari S, **Azimi S**. Comparison of health literacy between medical and non-medical students in Shahid Beheshti Universities in the academic year 92-93 . pajoohande 2015; 20 (2) :78-85
- 2) Ramezankhani A, Rakhshani F, Ghaffari M, Ghanbari S, **Azimi S**(Corresponding author). Comparison of health promoting behaviors in the first and fourth year students of Shahid Beheshti University of Medical and non-Medical Sciences in the academic year 92-93. Jorjani Biomed J 2014; 2 (1) :55-47
- 3) Nikrooz L, Roozitalab M, Hossaini M, Naghizadeh M. M, **Azimi S**. Comparison of Initial and Final Diagnosis of Hydatid Cysts in Patients Hospitalized at Shahid Beheshti Hospital during the Years 2001-2006. Iranian Journal of Surgery.2011;19(2).
- 4) Sarkari B, Naghmachi M, **Azimi S**, Vaezi M, Ebrahimi S. Human Cystic Echinococcosis in Yasuj: A Survey of Ten Year Hospital Records. Armaghane Danesh. 2007;12(3):127-134.
- 5) Rozitalab M, **Azimi S**, Mobaraaki A, Mohebbi Z. The quality of nursing reports included in the medical records of patients hospitalized in Imam Sajjad (AS) and Shahid Beheshti hospitals in Yasuj in 2006.Dena.2008.2(3).61-71.

## 6. Presentations

- 1) **Azimi S**, Hashemiparast M, Alizadeh M, Javadivala Z, Allahverdipour H. **Exploring barriers to sexual intimacy in women: A qualitative study.** *The 10th National Congress on Health Education and Health Promotion and the Third National Conference on Health Literacy.* Tehran.2025.( Poster)
- 2) **Azimi S**, Javadivala Z, Alizadeh M, Fatihifar Z, Allahverdipour H. **Systematic review and meta-analysis of the effectiveness of marital sexual intimacy interventions: Implications for couples and women.** *The 13th International Conference on Women's Health and the 5th International Congress on Social Studies of Health.* Shiraz. 2024.( Poster)
- 3) **Azimi S**, Hashemiparast M, Alizadeh M, Javadivala Z, Allahverdipour H. **Exploring barriers to sexual intimacy in men: A qualitative study.** *The First International Conference on Health, Hygiene and Education.* Mazandaran.2024.( Lecture)

- 4) **Azimi S, Javadivala Z. Exploring the challenges and barriers of religious and Quranic activities in health centers.** *The 11th International Congress on the Quran, Family and Health.* Tehran.2024.(Lecture)
- 5) **Azimi S, Ramezankhani A, Rakhshani F, Ghaffari M, Ghanbari SH. Comparison of health-promoting behaviors between medical and non-medical students of Shahid Beheshti University.** *The 21st Annual Congress of the Student Research Committee of Mazandaran University of Medical Sciences - The First Tabari Student Congress.* Mazandaran. 2018. (Poster)
- 6) **Azimi S, Ramezankhani A, Rakhshani F, Ghaffari M, Ghanbari SH. Comparison of health literacy between medical and non-medical students with the Newest Vital Sign.** *The 3th International Conference and the Eighth National Conference on Health Education and Health Promotion.* Isfahan.2017. (Poster)
- 7) Valipour M, **Azimi S**, Kamkar M. Health Literacy: The Newset Vital Signs. The first national congress of medical students in the country.2016. (Poster)
- 8) **Azimi S. Using ulead technology in health education.** *The 5th National Congress on Health Education and Health Promotion.*Tehran.2013. (Lecture)
- 9) Moghimi M, Moghimi M, **Azimi S. Study of the oral and dental health status of students from a number of middle and elementary schools in Yasuj city in the second semester of 2004.** *The 7th Scientific-Research Seminar of Students of Yasuj University of Medical Sciences.* Yasuj. 2009. (Poster)
- 10) **Azimi S, Mohammadi B. Reforming the pattern of drug consumption is a step towards improving the health of society.** *The 7th Scientific-Research Seminar of Students of Yasuj University of Medical Sciences.* Yasuj. 2009. (Poster)
- 11) Rezaei M, **Azimi S. Survey of the health status of grocery stores in eastern Yasuj in 2008.** *National Congress of Healthy People.* Gorgan.2009. (Poster)
- 12) **Azimi S, Asgharpour Z.A study of criteria for choosing a spouse from the perspective of students at Yasuj University of Medical Sciences in 2008.** *National Congress of Healthy People.* Gorgan.2009. (Poster)
- 13) Mehdizadeh R, **Azimi S. Epidemiological study of hydatid cysts in Yasuj city during 2001-2008.** *National Congress of Healthy People.* Gorgan.2009. (Poster)
- 14) **Azimi S, Gorjipour R. A case report of primary pancreatic hydatid cyst and its treatment.** *Seminar on Top Student Research in Medical Sciences.*Mazandaran.2009. (Poster)
- 15) Gorjipour R, **Azimi S**, Gorjipour K, Zoladl M. **Psoriasis, stress, communication or lack of communication.** *The 6th National Seminar for Students of Yasuj University of Medical Sciences.* Yasuj.2008. (Poster)
- 16) **Azimi S, Rezaei Z, Moghimi M, Salari M. Prevalence of mental disorders in elderly people living in a nursing home in Yasuj city.** *The 6th National Seminar for Students of Yasuj University of Medical Sciences.* Yasuj.2008. (Poster)
- 17) Rezaei A, **Azimi S**, Zare R, Zoladl M, Nourian KH. **Investigating the level of emotional, intellectual and communicative dependence of students participating in the Mashhad Province Project in the summer of 2008.** *The 6th National Seminar for Students of Yasuj University of Medical Sciences.* Yasuj.2008. (Lecture)
- 18) **Azimi S, Vaezi M. Study of the frequency of hydatid cyst location in surgical cases in hospitals in Yasuj city.** *The first scientific-research conference of Ardabil University of Medical Sciences and the second scientific-research conference of students of medical universities of the Northern Partner Network.* Ardabil.2008. (Poster)

- 19) **Azimi S, Gorjipour R, Zandi K. Ways to improve the image of nursing in society.** *Conference on New Ideas in Nursing and Midwifery.* Yasuj.2008. (Poster)
- 20) **Azimi S, Rezaei Z, Moghimi M, Salari M. Study of the health status and daily activities of elderly people living in a nursing home in Yasuj city in 2007.** *National Scientific-Research Congress of Young Researchers.* Gorgan.2008. (Poster)
- 21) **Azimi S, Rozitalab M, Mohammadi B. Providing care for veterans with quadriplegia at home and in the community.** *The first conference on improving the health of Isargaran.* Tehran.2008. (Poster)
- 22) **Azimi S, Sahaei R, Kazemi N, Mohebi Z, Rozitalab M. Survey of the level of knowledge and attitude of female students of Yasuj University of Medical Sciences regarding breast self-examination in 2007.** *The 7th Seminar on Knowledge and Health, Shahrood University of Medical Sciences.* Shahrood.2007. (Poster)
- 23) **Nikrooz L, Azimi S. A review of medicinal plants effective in controlling seizures.** *The 5th Scientific-Research Seminar of Yasuj University of Medical Sciences.* Yasuj.2007. (Poster)
- 24) **Azimi S, Moghimi M, Abidi H, Salari M, Nurian KH. Ecstasy, pills for destruction.** *The 5th Scientific-Research Seminar of Yasuj University of Medical Sciences.* Yasuj.2007. (Poster)
- 25) **Azimi S, Rozitalab M. Screening for common cancers in women.** *The Second International Congress of Gynecology and Oncology - The 41st National Conference on Medical and Paramedical Updates in Isfahan.* Isfahan.2007. (Poster)
- 26) **Azimi S, Salari M, Moghimi M. Infant colic and how to care for it at home.** *The 4th Scientific-Research Seminar of Yasuj University of Medical Sciences.* Yasuj.2006. (Poster)
- 27) **Azimi S, Mohammadi B, Rozitalab M. Islet cell transplantation in the treatment of diabetes.** *The 4th Scientific-Research Seminar of Yasuj University of Medical Sciences.* Yasuj.2006. (Lecture)
- 28) **Azimi S, Mohammad Hoseini S. The role of the nurse in emergencies** *The 3th Scientific-Research Seminar of Yasuj University of Medical Sciences.* Yasuj.2005. (Lecture)
- 29) **Azimi S, Mohammadi B, Rozitalab M, Mobaraaki A. Studying the quality of nursing reports included in the medical records of patients hospitalized in Imam Sajjad (AS) and Shahid Beheshti hospitals in Yasuj in 2006.** *The 7th Seminar on Knowledge and Health, Shahrood University of Medical Sciences.* Shahrood.2006. (Lecture)

## 7. Peer Reviewing

Journal name	Number of articles
BMC Pregnancy and Childbirth	1
BMC Women's Health	2
Plose one	5
The Journal of Sex Research	1
Sage Open	3
Health Promotion Perspectives	5
RDME	2
Yazd Elderly Health Journal	1

## 8. Recognitions and Awards

- 1) Outstanding Researcher in Yasuj University of Medical Sciences in 2006
- 2) Outstanding Researcher in Kohgiluyeh and Boyer-Ahmad Province National Youth Organization in 2006
- 3) Outstanding Researcher in Kohgiluyeh and Boyer-Ahmad Province Red Crescent Society in 2006
- 4) Third place in scientific articles in the Medical Sciences Department in the 6th Festival of Distinguished, Innovative, Inventor, Basiji, Witness and Sacrificing Students of Kohgiluyeh and Boyer-Ahmad Province Universities in 2007
- 5) Outstanding Researcher in Yasuj University of Medical Sciences in 2007
- 6) Second place in scientific articles in the Medical Sciences Department in the 6th Festival of Distinguished, Innovative, Inventor, Basiji, Witness and Sacrificing Students of Kohgiluyeh and Boyer-Ahmad Province Universities in 2008
- 7) Outstanding Instructor in Larestan Faculty of Medical Sciences in 2017
- 8) Graduated first in the Ph.D in 2023
- 9) Top Paper at the 11th International Congress on the Quran, Family and Health in 2024

## 9. Memberships and Service

- Responsible for virtual education at Larestan Faculty of Medical Sciences, 2015-2017
- Responsible for the Journal Club of the Professors of Hazrat Zainab (PBUH) Nursing School, Larestan, 2015-2017
- Director of the Education Development Center (EDO) at Hazrat Zainab (SA) Nursing School, Larestan, 2015-2017
- Secretary of the Scholarship Committee of the EDC, Larstan School of Medical Sciences, 2015-2017
- Secretary of the Internal Evaluation Committee of the EDC, Larestan Faculty of Medical Sciences, 2016-2017
- Secretary of the Higher Council of Virtual Education, Larestan Faculty of Medical Sciences, 2016-2017
- Member of the Professional Ethics Committee of Larestan Faculty of Medical Sciences, 2016-2017
- Membership in the Budgeting Committee of the Vice-Ministry of Research and Technology in Yasuj University of Medical Sciences
- Director of EDO at the School of Health and Nutrition in Yasuj University of Medical Sciences
- Secretary of the Arts and Media Department and member of the Scientific Committee in the 18th Student Science Olympiad in Yasuj University of Medical Sciences

## 10. Area of Professional Interest

Health Education, Health Promotion, communicable /non-communicable Disease Prevention, Women's health, Sexual health