

## CURRICULUM VITAE

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### PERSONAL RECORD

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Name: SAADAT PARHIZKAR  
Sex: Female  
Nationality: Iranian  
Current position: Associate Professor  
Marital Status: Married  
Office Address: Public health Department, Faculty of Health sciences,  
Yasuj University of Medical and Health sciences  
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### ACADEMIC QUALIFICATIONS

College/University	Date/year		Degree Obtained	Specialization	Date received
	Year start	Year end			
Kermanshah University of Medical and Health Sciences, Iran	1986	1990	B.Sc.	Midwifery	Oct.,1990
Shahid Beheshti University of Medical and Health Sciences, Tehran, Iran	1992	1995	M.Sc.	Midwifery	Mar.,1995
University Putra Malaysia	2005	2010	PhD	Community Health (Reproductive health)	Jan., 2010
University Putra Malaysia	2010	2011	Post Doctoral	Community Health (Cancer Research)	May, 2011

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### WORKING EXPERIENCE

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- ❖ Post-Doctoral Research fellow, Cancer Research Laboratory, Institute of Biosciences, University Putra Malaysia. (2010-2011).
- ❖ Head of Public Health Department in Yasuj Health Science Faculty, Yasuj University of Medical Sciences, Iran. (2000-2005)
- ❖ Faculty Member ( Lecturer) of Public Health, Yasuj University of Medical and Health Sciences (YUMS)(1995 - present)

- ❖ Lecturer General Unit, Yasuj Sciences University (YSU), Yasuj- Iran (2000-2003)
- ❖ Lecturer Unit of Midwifery , Faculty of Medical Sciences, Azad University, Yasuj- Iran (1992-1999)
- ❖ Specialist in Family Health in Province Health Center of Kohgilouyeh & Boyerahmad.(1990-1999)
- ❖ Contribution in Community Health Education through TV and Radio (program writing and attending in round table of Health related programs) Kohgilouyeh and BoyerAhmad Provincial TV & Radio Center (1991-2005).

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## PUBLICATIONS

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1. **Saadat Parhizkar**, Latiffah Abdul Latiff, Ali Parsa. (2016). Effect of *Nigella sativa* on reproductive system in experimental menopause rat model. *Avicenna J Phytomed*, 6 (1): 95-103.[Pubmed]
2. **Saadat Parhizkar**, Mehdi Akbartabar Toori, Esfandiar Afshoon (2015). The effect of Black cumin on body composition: A double blind randomized placebo-controlled trial among Iranian postmenopausal women. *Maturitas* 81 (S1):147. [ISI]
3. **Saadat Parhizkar**, Mehdi Akbartabar Toori, Reza Mohammadi (2015). Metabolic impact of *Nigella sativa* supplementation in postmenopausal women: a randomized, placebo-controlled trial. *Maturitas* 81 (S1):224. [ISI]
4. **Saadat Parhizkar**, Leila Manzouri<sup>2</sup>. (2015). A randomized controlled trial on climacteric symptoms management and quality of life improvement of *Nigella sativa* seeds powder in menopausal women. *Maturitas* 81 (S1):179. [ISI]
5. Latiffah Abdul Latiff , **Saadat Parhizkar**, Mohammad Aziz Dollah, Syed Tajeddin Syed Hassan. (2014). Alternative supplement for enhancement of reproductive health and metabolic profile among perimenopausal women: a novel role of *Nigella sativa*. *Iranian Journal of Basic Medical Sciences*. 17 (12):980-985. [ISI]
6. Aziz Dollah M, **Parhizkar S**, Ferdaus Binti N. (2015). Effect of non-polar extract of *Phaleria macrocarpa* (Mahkota dewa) on serum testosterone level and libido behavior in male rats. *Iranian Journal of Reproductive Medicine*, Vol. 13, No 4 (Suppl. 1),45. April 2015.
7. **Parhizkar S**, Aziz Dollah M, Ferdaus Binti N. (2015). Effect of non-polar extract of *Phaleria macrocarpa* (Mahkota Dewa) on spermatogenesis in rats. *Iranian Journal of Reproductive Medicine*, Vol. 13, No 4 (Suppl. 1),66. April 2015.
8. Aziz Dollah M, **Parhizkar S**, Baharudin N. (2015). Effect of non-polar extract of *Phaleria macrocarpa* on sperm quality in adult rats. *Iranian Journal of Reproductive Medicine*, Vol. 13, No 4 (Suppl. 1),79. April 2015.
9. **Saadat Parhizkar**, Suriani Binti Zulkifli, Mohammad Aziz Dollah. (2014). Testicular morphology of male rats exposed to *Phaleria macrocarpa* (Mahkota dewa) aqueous extract. *Iranian Journal of Basic Medical Sciences*. 17( 5):384-390. .[ISI].

10. Parvin Abedi, Safieh Jamali, Mitra Tadayon, **Saadat Parhizkar**, Farideh Mogharab. (2014). The effectiveness of selective vaginal tightening on sexual function among reproductive aged women in Iran with vaginal laxity: a quasi-experimental study. *The Journal of Obstetrics and Gynaecology Research*.40(2):526-531.[ISI].
11. Ali Parsaa, Maryam Sadeghi, Mostafa Maleki, **Saadat Parhizkar**, Sulaiman Ab Ghani. (2014). Free radical scavenging activity of homo and copolymer of aniline and para-phenylenediamine prepared in ZnCl<sub>2</sub> medium. *Electrochimica Acta*. 127 (2014): 34–38.[ISI].
12. **Saadat Parhizkar**, Maryam Jamielah Yusoff, Mohammad Aziz Dollah. (2013). Effect of *Phaleria macrocarpa* on Sperm Characteristics in Adult Rats. *Advanced Pharmaceutical Bulletin*. 3(2);345-352.
13. **Saadat Parhizkar**, Che Zairieha Binti Che Zainudin, Mohammad Aziz Dollah. (2013). Effect of *Phaleria macrocarpa* on sexual function of rats. *Avicenna Journal of Phytomedicine*. 3(4); 371-377.
14. Behrooz Hassanpour, Esa Asadi, **Saadat Parhizkar**. (2013). Factors Influencing Crop Insurance Demand in KB Province, Iran: Logit Model Approach. *International Journal of Agriculture and Crop Sciences*. 5 (18); 2028-2032
15. Mojgan Afshari, Simin Ghavifekr, **Saadat Parhizkar**, Wumaierjiang Ayoufu.(2013). Relationship between Transformational Leadership Behaviours of Lecturers and Students' Creativity. *Malaysian Online Journal of Educational Management (MOJEM)* 1(3):33-40.
16. Gholam Hossein Shahraki, **Saadat Parhizkar**, and Alireza Raygan Shirazi Nejad. (2013). Cockroach Infestation and Factors Affecting the Estimation of Cockroach Population in Urban Communities. *International Journal of Zoology*. vol. 2013, Article ID 649089, doi:10.1155/2013/649089
17. **Saadat Parhizkar**, Latiffah Latiff, Mojgan Afshari. (2013). Disseminating cervical cancer knowledge: Impact of a public seminar. *International Journal of Learning and Development*. 3(1);203-211.
18. **Saadat Parhizkar**, Latiffah Latiff. (2013). Supplementary health benefits of Linoleic acid by improvement of vaginal cornification of Ovariectomized rats. *Advanced Pharmaceutical Bulletin*. 3(1):31-36.
19. Mohammad Aziz Dollah, **Saadat Parhizkar**, Latiffah Latiff, Mohammad Hassan. (2013). Toxicity effect of *Nigella sativa* on the liver function of rats. *Advanced Pharmaceutical Bulletin*. 3(1), 97-102.
20. Mohammad Reza Nazari, Md Salleh Hj Hassan, Mohd Nizam Osman, **Saadat Parhizkar**, Megat Al-Imran Bin Yasin. (2013). Children Television Viewing and Antisocial Behavior: Does the Duration of Exposure Matter? *Journal of Sociological Research*. 4(1):207-217.
21. Mohammad Aziz Dollah, **Saadat Parhizkar**, Mohammad Izwan. (2013). Effect of *Nigella sativa* on the kidney function of rats. *Avicenna Journal of Phytomedicine*. 3(2):152-158.
22. Mohammad Aziz Dollah, **Saadat Parhizkar**, Latiffah Abdul Latiff, Abbas Salahi Ardekani, Dayang Erna Zulaikha. (2012). Natural approach for Calcium regulating hormone maintenance: Beneficial effects of Black seed. *Asian Journal of Biomedical and Pharmaceutical Sciences*. 2(15): 32-37.
23. Abbas Salahi Ardekani, **Saadat Parhizkar**. (2012). Inhibitory effects of *Teucrium polium* L., *Artemisia sieberi* Besser. and *Achillea wilhelmsii* C. Koch on *Meloidogyne incognita* (Kofoid and White) Chitwood (*in vitro* and

- under greenhouse conditions). *International of Medicinal and Aromatic Plants*. 2(4):596-602.
24. **Saadat Parhizkar**, Latiffah A. Latiff, Norziah B. Aman. (2012). Midwifery Nurses' Skill to Interpret Cardiotocogram: A Cross Sectional Study. *International Journal of Health Sciences & Research*. 2(6):28-34.
  25. **Saadat Parhizkar**, Mohammad Reza Nazari, Md Salleh Bin Hj Hassan. (2012). Breaking taboo in media concerning breast and cervical cancer. *Asian Journal of Social Sciences & Humanities*. 1(4):149-155.
  26. Mohammad Reza Nazari, Md Salleh Hj Hassan, **Saadat Parhizkar**, Behrooz Hassanpour, Megat Alemran Bin Yasin (2012). Role of Broadcast media in the dissemination of Agricultural Knowledge. *Archives Des Sciences*. 65(3); 45-55.[ISI].
  27. Latiffah A Latiff, **Saadat Parhizkar** , Huda Zainuddin, Goh M Chun, Mohammad Ali A Rahiman, Nur Liyana N Ramli, Kerk L Yun. (2012). Pandemic influenza A (H1N1) and its prevention: A cross sectional study on Patients' Knowledge, Attitude and Practice among patients attending Primary Health Care Clinic in Kuala Lumpur, Malaysia. *Global Journal of Health, Sciences*. 4(2); 95-102.
  28. Fariba Mahamed, **Saadat Parhizkar**, Alireza Raygan Shirazi. (2012). Impact of family planning health education on the knowledge and attitude among Yasoujian women. *Global Journal of Health, Sciences*. 4(2); 110-118.
  29. **Saadat Parhizkar** Gholamhossein Shahraki, Behrooz Hassanpour, Parvin Abedi. (2012). Modulatory effects of *unsaturated fatty acids* on metabolic syndrome in menopause induced rats. *Asian Journal of Biomedical and Pharmaceutical Sciences*. 2(14) : 41-46 .
  30. **Saadat Parhizkar**, Latiffah, Abdul Latiff, Sabariah Abdul Rahman, Mohammd Aziz Dollah, Parichehr Hanachi, Syed Tejeddin Syed Hassan, Rashid Ibrahim. (2012). Supplementary health benefits of *Linoleic acid* by improvement of vaginal cornification of Ovariectomized rats. *Maturitas*. Volume71 , Supplement 1 , March 2012, Page S 79. (ISI).
  31. Latiffah Abdul Latiff, **Saadat Parhizkar**, Mohd Norzi Ghazali, Mohammad Aziz Dollah. (2012). A pilot study comparing the clinical effects of *Nigella sativa* and placebo in menopausal women with climacteric symptoms. *Maturitas*. Volume 71, Supplement 1 , March 2012, Page S55 . (ISI).
  32. Latiffah A Latiff, **Saadat Parhizkar**, Mohd Norzi Ghazali, Mohammad Aziz Dollah. (2012). Improvement of perimenopausal quality of life following *Nigella sativa* supplementation: results of a pilot, open-label, crossover trial. *Maturitas*. Volume 71 , Supplement 1 , March 2012, Page S 59 . (ISI)
  33. *Maturitas*. Volume 71 , Supplement 1 , March 2012, Page S 59 . (ISI)
  34. **Saadat Parhizkar**, Latiffah A. Latiff, Sabariah Abdul Rahman, Rashid Ibrahim, Mohammad Aziz Dollah. (2011). In vivo estrogenic activity of *Nigella sativa* different extracts using vaginal cornification Assay. *Journal of Medicinal Plants Research*. 5(32), pp. 6939-6945, [ISI].
  35. **Saadat Parhizkar**, Latiffah A. Latiff, Mohammad Aziz Dollah, Sabariah Abdul Rahman. (2011). Determination of Fatty Acid Composition of *Nigella sativa* using Supercritical Fluid Extraction and Conventional Methods. *Scientific Research and Essays*.6(31); 6820-6824 [ISI].
  36. **Saadat Parhizkar**, Latiffah A. Latiff, Sabariah A. Rahman, Parichehr Hanachi, Mohammad Aziz Dollah. (2011). Metabolic Impact of *Nigella sativa* extracts

- on Experimental Menopause Induced Rats. *Journal of Applied Pharmaceutical Science* 01 (09); 38-42.
37. Mohammad Reza Nazari, Md Salleh Hj Hassan, **Saadat Parhizkar**, Mohd Nizam Osman. (2011). The role of broadcasting in management of natural disasters. *World Applied Sciences Journal (WASJ)*. 14(21):334-340. [ISI].
  38. Mohammad Reza Nazari, Md Salleh Hj Hassan, **Saadat Parhizkar**, Musa Abu Hassan. (2011). Correlations between children's television advertising exposure and their food preference. *Journal of Media and Communication Studies*. 3(8):263-268.
  39. **Saadat Parhizkar**, Latiffah Abdul Latiff, Sabariah Abdul Rahman, Mohammad Aziz Dollah, Hanachi Parichehr. (2011). Assessing estrogenic activity of *Nigella sativa* in ovariectomized rats using vaginal cornification assay. *African Journal of Pharmacy and Pharmacology*. 5(2):137 – 142. [ISI].
  40. **Parhizkar, S.**, Latiffah, A. L., Sabariah, A.R., Dollah, M.A. (2011). Preventive effect of *Nigella sativa* on metabolic syndrome in Menopause Induced Rats. *Journal of Medicinal Plants Research*. 5(8); PP:1478-1484. [ISI].
  41. **Parhizkar, S.**, Latiffah, A. L., Sabariah, A.R., Dollah, M.A. (2011). Evaluation of Estrogen-like activity of *Nigella sativa* in Ovariectomized rats. *African Journal of Pharmacy and Pharmacology*. 5(2):1006-1011. [ISI].
  42. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar**. (2009). Determining educational curriculum priorities and the role of media in education from the teachers' points of view. *World Applied Sciences Journal (WASJ)*, 6 (4): 482-487. [ISI].
  43. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar**, Alireza Raygan Shirazi, Hossein Marioriad. (2009). The impact of visuals: Using Television program to transform environmental health concepts to people. *Journal of Applied Science (JAS)*, 9(14):2619-2624.
  44. **Parhizkar, S.**, Latiff, L.A., Sabariah, A.R., Dollah, M.A., Hassan, S.T.S., Hanachi, P., Ibrahim, R. (2009). Evaluation of the estrogenic effect of *Nigella sativa* using the rat model of uterotrophic assay. *Maturitas, Volume 63, Supplement 1, May 2009, Page S113* [Abstract] [ISI].
  45. Mohammad Reza Nazari, Abu Hassan Hasbullah, and **Saadat Parhizkar**. (2008). The effect of television in teaching the concept of environmental health to the people of Yasooj. *Global Health Action*, Vol 1, incl Supplements: 13. [Abstract] Co-Action Publishing
  46. **Parhizkar, S.**, Latiffah AL., Dollah, MA., Hassan, STS., Rashid, I., and Hanachi, P. (2008). A Review of the Menopausal Symptoms Management with Herbal Remedies. *European Journal of Scientific Research (EJSR)*, 21(1): 46-63.
  47. **Parhizkar, S.**, Rashid I and Latiffah AL . (2008). Incision Choice in Laparotomy: a Comparison of Two Incision Techniques in Ovariectomy of Rats. *World Journal of Applied Sciences (WJAS)*. 4 (4): 537-540. [ISI].
  48. **Parhizkar, S.**, Rashid, I., and Latiffah, A. L. (2008). Comparing different incision techniques for ovariectomy of rats . *Medicine and Health (the*

- official journal of Universiti Kebangsaan Malaysia Medical Centre - UKMMC). 3(1):223. [Abstract]
49. **Parhizkar, S.**, Latiffah, A.L., Aziz Dollah, M., Hanachi, P. (2008). Evaluation of Estrogenic Activity of Nigella sativa by Vaginal Cornification Assay. The Iranian Journal of Obstetrics, Gynecology and Infertility, B1-11(2):2008 [Abstract]
  50. Hanachi, P, Latiffah A.L., Parhizkar , S. (2008). The significant of soy products and risk of cancer in women. The Iranian Journal of Obstetrics , gynecology and infertility, B1-11(2) , 2008:42.[Abstract]
  51. **Parhizkar S.**, Moshfea A. (2002). Prevalence of cervicovaginal infections among the pap smears of women Yasuj in 1999-2000. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* (in Farsi), 7(28):44-37.
  52. Ahmadi A., Malekzadeh G., **Parhizkar S.**, Karimzadeh K. (2001). A study on the relation ship between mid-day snacks in schoolchildren with their nutritional status. *Armaghan Danesh, Journal of Yasuj University of Medical Science (YUMS)* (in Farsi), 6(24).
  53. **Parhizkar S.**, Rezaei F. (2001). Comparison study between knowledge and attitude of teaching students and Yasuj medical students about AIDS. *Hormozgan medical Journal*, Vol: 5, No. 3, autumn 2001.
  54. Rezaei .F, **Parhizkar S.**, Yaghoobi. T. (2000). Investigation on the effect of music on the intensity of labor pain. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* (in Farsi), 5(17 & 18).
  55. Yaghoobi .T, Rezaie. F, **Parhizkar S.** (2000). The relationship between health behavior habits and diet with Strock Morbidity. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* (in Farsi) 5(19 &20).
  56. Yaghobiyan. M., **Parhizkar S.** (2000). A study on job stress among nurses working in hospital in Eastern Mazandaran province in 1999. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* (in Farsi), 7 (25).
  57. Moshfea. A, Movahedipoor M., **Parhizkar S.** (2000). Invitro cultivation of giardia lamblia by use of RPMI 1640. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* (in Farsi ) ,7(25):6-11.
  58. **Parhizkar S.**, Ahmadi A., Fararooie M. Karimzadeh. K. (1999). A comparative study between Knowledge, Attitude, and Practices about fertility health among employed at the medical university and other offices in Yasuj. *Armaghan Danesh Journal of Yasuj University of Medical Science (YUMS)* in Farsi, 4(13 &14). Spring and summer, 1999.

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## **List of papers presented in Congresses, Conferences**

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### **International & National Conferences & Proceeding**

1. Mohsen Shams, Masoomah Majdpoor, **Saadat Parhizkar**, Ali Moosavizadeh. (2016). Mothers' view about sexuality education to adolescent girls: A qualitative study in Iran. The 2<sup>nd</sup> International Conference on Public Health (ICOPH). 28<sup>th</sup>-29<sup>th</sup> July, Colombo, Sri Lanka.
2. **Saadat Parhizkar**, Mehdi Akbartabar Toori. (2016). Therapeutic effect of Nigella sativa on different clinical and biochemical parameters in menopausal women. The fifth Iranian International conference on women health, 18-19 May 2016, Shiraz, Iran.
3. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2016). Determinants of breast cancer screening among female university staff in Malaysia. The fifth Iranian International conference on women health, 18-19 May 2016, Shiraz, Iran.

4. Mostafa Maleki, Mohsen Shams, Ali Moosavizadeh, **Saadat Parhizkar**, Parvin Angha (2016). Developping a specific intervention to promote natural childbirth among nulliparous pregnant women in Boyerahmad. (2016). 7th National Iranian Congress on Health Education and Promotion. 5-6 May 2016, Tehran, Iran.
5. **Saadat Parhizkar**, Mehdi Akbartabar Toori, Esfandiar Afshoon (2015). The effect of Black cumin on body composition: A double blind randomized placebo-controlled trial among Iranian postmenopausal women. 10th European Menopause and Andropause Society (EMAS) congress. 20-22 May 2015. Madrid, Spain.
6. **Saadat Parhizkar**, Mehdi Akbartabar Toori, Reza Mohammadi (2015). Metabolic impact of *Nigella sativa* supplementation in postmenopausal women: a randomized, placebo-controlled trial. 10th European Menopause and Andropause Society (EMAS) congress. 20-22 May 2015. Madrid, Spain.
7. **Saadat Parhizkar**, Leila Manzouri. (2015). A randomized controlled trial on climacteric symptoms management and quality of life improvement of *Nigella sativa* seeds powder in menopausal women. 10th European Menopause and Andropause Society (EMAS) congress. 20-22 May 2015. Madrid, Spain.
8. **Saadat Parhizkar**, Mehdi Akbartabar Toori. (2015). The Effect of *Nigella sativa* on Severity of climacteric Symptoms. The forth Iranian international conference on women's health. 20-21 May 2015, Shiraz, Iran.
9. **Saadat Parhizkar**, Mehdi Akbartabar Toori. Association between menopausal symptoms and quality of life among yasojian women. The forth Iranian international conference on women's health. 20-21 May 2015, Shiraz, Iran.
10. Aziz Dollah M, **Parhizkar S**, Ferdaus Binti N. (2015). Effect of non-polar extract of Phaleria macrocarpa (Mahkota dewa) on serum testosterone level and libido behavior in male rats. 6th Yazd International Congress and Student Award in Reproductive Medicine with 1st Reproductive Genetic Congress. 17-19 April 2015, Yazd, Iran.
11. **Parhizkar S**, Aziz Dollah M, Ferdaus Binti N. (2015). Effect of non-polar extract of Phaleria macrocarpa (Mahkota Dewa) on spermatogenesis in rats. 6th Yazd International Congress and Student Award in Reproductive Medicine with 1st Reproductive Genetic Congress. 17-19 April 2015, Yazd, Iran.
12. Aziz Dollah M, **Parhizkar S**, Baharudin N. (2015). Effect of non-polar extract of Phaleria macrocarpa on sperm quality in adult rats. 6th Yazd International Congress and Student Award in Reproductive Medicine with 1st Reproductive Genetic Congress. 17-19 April 2015, Yazd, Iran.
13. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2014). Factors associated with cervical cancer screening uptake among Malaysian women. The Third Iranian international conference on women's health. 21-22 May 2014, Shiraz, Iran.
14. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2014). Knowledge, attitude and utilization of preventive screening practices among university women in Malaysia regarding breast cancer The Third Iranian international conference on women's health. 21-22 May 2014, Shiraz, Iran
15. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2014). Perceived susceptibilities, benefits, and barriers to breast and cervical cancer screenings of female staffs in a governmental university in Malaysia The Third Iranian international conference on women's health. 21-22 May 2014, Shiraz, Iran
16. **Saadat Parhizkar**. (2014). The phonetic of science and religious regarding importance of breastfeeding. Elm-e- Dini & Din-e- Elmi Conference, 1-5 May 2014, Yasuj, Iran.

17. **Saadat Parhizkar**, Fariba Mahamed. (2014). A comparative study about developmental stages of human fetus. Elm-e- Dini & Din-e- Elmi Conference, 1-5 May 2014, Yasuj, Iran.
18. Mohammad Reza Nazari, **Saadat Parhizkar**. (2014). Media Practice considering religious approach. Elm-e- Dini & Din-e- Elmi Conference, 1-5 May 2014, Yasuj, Iran.
19. Fariba Mahamed, **Saadat Parhizkar**. (2014). Quran and Science. Elm-e- Dini & Din-e- Elmi Conference, 1-5 May 2014, Yasuj, Iran.
20. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2013). Prevalence of hypertension and associated risk factors among residents in Old Folk's Home around Klang Valley. 7<sup>th</sup> Iranian Epidemiology Congress. "Social Epidemiology". 14-16 May 2013. Yasuj, Iran.
21. **Saadat Parhizkar**, Fariba Mahamed, Mohammad Reza Nazari. (2013). Improving uptake of breast and cervical cancer screening: Role of media. 7<sup>th</sup> Iranian Epidemiology Congress. "Social Epidemiology". 14-16 May 2013. Yasuj, Iran.
22. Mohammad Reza Nazari, Md Salleh Bin Hj Hassan, **Saadat Parhizkar**. (2013). Does Viewing *Television* Increase Aggression among Children? 7<sup>th</sup> Iranian Epidemiology Congress. "Social Epidemiology". 14-16 May 2013. Yasuj, Iran.
23. Mohammad Reza Nazari, Md Salleh Bin Hj Hassan, **Saadat Parhizkar**. (2013). Impact of television program's genre on children aggressive behavior. 7<sup>th</sup> Iranian Epidemiology Congress. "Social Epidemiology". 14-16 May 2013. Yasuj, Iran.
24. Fariba Mahamed, **Saadat Parhizkar**. (2013). Comparison effectiveness of Classic and Targeted training methods regarding Pap smear in health center in Shiraz. 7<sup>th</sup> Iranian Epidemiology Congress. "Social Epidemiology". 14-16 May 2013. Yasuj, Iran.
25. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2013). Breastfeeding knowledge and attitudes among medical students in a Public University in Malaysia. The Second Iranian international conference on women's health. 1-2 May 2013, Shiraz, Iran.
26. Latiffah Abdul Latiff, **Saadat Parhizkar**. (2013). screening for cervical cancer: Acceptability of Self-Administered device compared with conventional Pap smear. The Second Iranian international conference on women's health. 1-2 May 2013, Shiraz, Iran.
27. Latiffah Abdul Latiff, **Saadat Parhizkar**, Rashidah Nor Binti Mohd Nordin. (2013). Factors influencing the knowledge, attitudes, and practices towards labor pain relief among post-natal mothers in Putrajaya Hospital, Malaysia. The Second Iranian international conference on women's health. 1-2 May 2013, Shiraz, Iran.
28. **Saadat Parhizkar**, Mohammad Aziz Dollah, Latiffah Abdul Latiff, Muhammad Hussaini Bin Khairudin. (2013). Effect of *Nigella sativa* on bone regulating hormones in menopause induced New Zealand white rabbits. The First International Congress of Menopause and Andropause, Ahvaz Jundishapur University of Medical Sciences, 25-28<sup>th</sup> February 2013, Ahvaz, Iran.
29. **Saadat Parhizkar**, Mohammad Reza Nazari. (2013). Public perceptions toward elderly needs. The First International Congress of Menopause and Andropause, Ahvaz Jundishapur University of Medical Sciences, 25-28<sup>th</sup> February 2013, Ahvaz, Iran.



30. Mohammad Reza Nazari, **Saadat Parhizkar**, Md Salleh Bin Hj Hassan. (2013). A television channel to improve older people's quality of life. The First International Congress of Menopause and Andropause, Ahvaz Jundishapur University of Medical Sciences, 25-28<sup>th</sup> February 2013, Ahvaz, Iran.
31. **Saadat Parhizkar**, Latiffah Abdul Latiff. (2012). Investigation of *Nigella sativa* effects on selected menopausal parameters in Ovariectomized rats. Malaysia International Biological Symposium. (i -SIMBIOMAS 2012)-11-12 July, Residence Hotel at Uniten, Malaysia.
32. Latiffah A. Latiff, **Saadat Parhizkar** , Norziah B. Aman. (2012). Assessment of nurses' knowledge on CTG interpretation in Hospital Putrajaya and Hospital Serdang, Malaysia. 1st Asia Pacific Conference on Clinical Epidemiology and Evidence Based Medicine (*APCEEEM2012*). 6-8 July 2012. Sunway Putra Hotel, Kuala Lumpur, Malaysia.
33. Latiffah A. Latiff, **Saadat Parhizkar** , Huda Zainuddin. (2012). Patients' Knowledge, Attitude and Practice regarding Pandemic Influenza A (H1N1) and Its Prevention. 1st Asia Pacific Conference on Clinical Epidemiology and Evidence Based Medicine (*APCEEEM2012*). 6-8 July 2012. Sunway Putra Hotel, Kuala Lumpur, Malaysia
34. Fariba Mahamed, **Saadat Parhizkar**. (2012). Assessing mothers' knowledge and attitude toward breast feeding in Yasuj, Iran. 1st Asia Pacific Conference on Clinical Epidemiology and Evidence Based Medicine (*APCEEEM2012*). 6-8 July 2012. Sunway Putra Hotel, Kuala Lumpur, Malaysia.
35. **Saadat Parhizkar**, Parvin Abedi, Mohammad Aziz Dollah, Dayang Erna Zulaikha. (2012). Natural approach for Calcium regulating hormone maintenance: Beneficial effects of Black seed. Medicinal Plants Conference, 26-29 July, 2012. Yasuj University of Medical Sciences, Iran.
36. **Saadat Parhizkar**, Gholamhossein Shahraki, Mohammad Aziz Dollah, Mohammad Izwan. (2012). Toxicity effect of *Nigella sativa* on the kidney function of rats. Medicinal Plants Conference, 26-29 July, 2012. Yasuj University of Medical Sciences, Iran.
37. **Saadat Parhizkar**, Mohammad Reza Nazari, Md Salleh Bin Hj Hassan. (2012). Breaking taboo in media concerning breast and cervical cancer. The first Iranian international conference on women's health. 14-15 June 2012, Shiraz, Iran.
38. **Saadat Parhizkar**, Latiffah A Latiff. (2012). Effectiveness of scientific seminar in transferring cervical cancer knowledge. The first Iranian international conference on women's health. 14-15 June 2012, Shiraz, Iran.

39. **Saadat Parhizkar** and Rashid Ibrahim. (2012). Comparative study on different type of incision in rat ovariectomy. Biomedical and Health Conference, 7-10 May 2012, Yasuj University of Medical Sciences, Iran.
40. **Parhizkar, S.**, Latiffah, A. L., Sabariah, A.R., Dollah, M.A., Hanachi, P., Hassan, S.T.S., Ibrahim, R. (2012). Supplementary health benefits of Linoleic acid by improvement of vaginal cornification of Ovariectomized rats. **9<sup>th</sup> European Congress on Menopause and Andropause (EMAS 2012)**. Athens, Greece, 28-31 March 2012.
41. Latiffah A Latiff, **Saadat Parhizkar**, Mohd Norzi Ghazali, Mohammad Aziz Dollah .(2012). A pilot study comparing the clinical effects of Nigella sativa and placebo in menopausal women with climacteric symptoms. **9<sup>th</sup> European Congress on Menopause and Andropause (EMAS 2012)**. Athens, Greece, 28-31 March 2012.
42. Latiffah A Latiff, **Saadat Parhizkar**, Mohd Norzi Ghazali, Mohammad Aziz Dollah .(2012). Improvement of perimenopausal quality of life following Nigella sativa supplementation: results of a pilot, open-label, crossover trial. **9<sup>th</sup> European Congress on Menopause and Andropause (EMAS 2012)**. Athens, Greece, 28-31 March 2012.
43. **Saadat Parhizkar**, Latiffah A Latiff, Parichehr Hanachi. (2012). Modulatory effects of *unsaturated fatty acids* on metabolic syndrome in menopause induced rats. **1<sup>st</sup> World Congress of Healthy Ageing**, 19th to 22nd March 2012, Kuala Lumpur Conference Centre, Kuala Lumpur, Malaysia
44. Latiffah A Latiff, **Saadat Parhizkar**, Mohd Norzi Ghazali, Parichehr Hanachi, Mohammad Aziz Dollah, Syed Tajuddin Syed Hassan. (2012). Therapeutic effects of Nigella sativa on Menopause-associated metabolic syndrome: A crossover Study. **1<sup>st</sup> World Congress of Healthy Ageing**, 19th to 22nd March 2012, Kuala Lumpur Conference Centre, Kuala Lumpur, Malaysia.
45. **Saadat Parhizkar**, Mohammad Reza Nazari, , Md Salleh Hj Hassan, Fariba Mahamed, Alireza Raygan Shirazi. (2012). Disaster and Posttraumatic stress Disorder: A Psychological Perspective. **5<sup>th</sup> International congress on Health and crisis management in Disasters**. 25-27 January 2012, Razi International Conference Centre, Tehran, I.R of Iran.
46. Mohammad Reza Nazari, **Saadat Parhizkar**, Md Salleh Hj Hassan, Nizam Osman, Megat Alemran Bin Yasin. (2012). Crisis Management and Communication Strategies: The Role of Mass media. **5<sup>th</sup> International congress on Health and crisis management in Disasters**. 25-27 January 2012, Razi International Conference Centre, Tehran, I.R of Iran.
47. Latiffah, A. L., **Parhizkar, S.**, Salari M. (2011). Prevalence of Obesity and its associated factors among postgraduate students in Faculty of Medicine and Health Sciences, Universiti Putra Malaysia. **Life style and Health Congress 2011**. 1-3 March 2011. Yasuj university of Medical Sciences, Iran.

48. Mohammad Reza Nazari, Md Salleh Hj Hassan, **Saadat Parhizkar**, Musa Abu Hassan. (2011). Impact of Television Advertisement on Food Choice among Primary School Students. 2<sup>nd</sup> International SEARCH Conference, 2011, 28-29 May, 2011, Taylor's University, Malaysia.
49. **Saadat Parhizkar**, Latiffah A Latiff, Sabariah Abdul Rahman, Mohammad Reza Nazari. (2011). Promoting cervical cancer awareness through public lecture. Cancer Research Exhibition in conjunction with, WORLD CANCER DAY 2011, 23-25 February 2011, Page:23. Universiti Putra Malaysia.
50. **Saadat Parhizkar** , Mohammad Reza Nazari, Md Salleh Bin Hj Hassan. (2011). Cancer awareness and screening: Addressing the taboo subject in media. Cancer Research Exhibition in conjunction with, WORLD CANCER DAY 2011, 23-25 February 2011, Page:28, Universiti Putra Malaysia.
51. Latiffah Abdul Latiff, Nurfayzah Ismail and **Saadat Parhizkar**. (2011). Effect of ovariectomy on Spatial Memory and Exploratory Behavior: An In Vivo Study. Abstract in proceeding Book of Exhibition of Invention, Research & Innovation. July, 2011. University Putra Malaysia.
52. Latiffah Abdul Latiff, **Saadat Parhizkar**, Huda Zainuddin, Goh Ming Chun, Mohammad Ali Bin Abdul Rahiman, Nur Liyana Nabilah Ramli, Kerk Len.(2011). Pandemic influenza A (H1N1) and its prevention: A cross sectional study on Patients' Knowledge, Attitude and Practice among patients attending Primary Health Care Clinic in Kuala Lumpur, Malaysia. Abstract in proceeding Book of Exhibition of Invention, Research & Innovation. July, 2011. University Putra Malaysia.
53. **Saadat Parhizkar**, Latiffah A Latiff, Sabariah Abdul Rahman, Mohammad Reza Nazari. (2011). Promoting cervical cancer awareness through public lecture. Abstract in proceeding Book of Exhibition of Invention, Research & Innovation. July, 2011. University Putra Malaysia.
54. **Parhizkar, S.**, Latiffah, A. L., Sabariah, A.R., Dollah, M.A. (2010). In vivo estrogenic activity of *Nigella sativa* different extracts using vaginal cornification Assay. **3<sup>rd</sup> International Conference on Advancement in Science and Technology (iCAST) 2010**. 26-29 November, 2010, Vistana Hotel, Kuantan, Malaysia.
55. Latiff, L. A., Ghazali, M. N., **Parhizkar, S.**, Dollah, M. A., Hassan, S.T.S., Sabariah, A.R., (2010). Alternative Supplement for Enhancement of Quality of Life Among Perimenopausal Women- A Novel Role of Jintam Hitam or Black Seeds. **3rd International Conference on Advancement in Science and Technology (iCAST) 2010**. 26-29 November, 2010, Vistana Hotel, Kuantan, Malaysia.
56. Saadat Parhizkar, Latiffah A Latiff, Sabariah Abdul Rahman. (2010). Productivity and Quality of Life improvements in cancer patients. **The**

**International Conference of Sustainable Community Development (ICOSCD, 2010).** 20-22 July, Marriot Hotel, Putra Jaya, Malaysia.

57. **Saadat Parhizkar**, Latiffa A Latiff, Sabariah Abdul Rahman. (2010). Quality-of-life improvement in menopausal women following herbal therapy. **The International Conference of Sustainable Community Development (ICOSCD, 2010).** 20-22 July, Marriot Hotel, Putra Jaya, Malaysia.
58. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar**, (2009). Impact of Television on peoples' knowledge improvement regarding environmental Health. **International conference of Public and Private partnership in Devalopement**, 14-16 January, 2009, University Malaya, Hilton Hotel, Malaysia.
59. **Parhizkar, S.**, Latiffah, A. L., Sabariah, A.R., Dollah, M.A., Hanachi, P., Hassan, S.T.S., Ibrahim, R. (2009). Evaluation of estrogenic activity of *Nigella sativa* using different extraction method by vaginal cornification assay. **International conference of Successful Aging for Women.** 21-24 April, Jeddah, Saudi Arabia. 2009.
60. **Parhizkar, S.**, Ahmadi, A. (2009). The level of mothers' awareness regarding complementary feeding and infants' care. **International conference of Public and Private partnership in Devalopement**, 14-16 January, 2009, University Malaya.
61. **Parhizkar, S.**, Latiff, L.A., Sabariah, A.R. , Dollah, M.A., Hassan, S.T.S., Hanachi, P., Ibrahim, R. (2009). Evaluation of the estrogenic effect of *Nigella sativa* using the rat model of uterotrophic assay. **8<sup>th</sup> European Congress on Menopause (EMAS) "Securing a Healthy Future"**. Excel Centre. London, UK, May 16-20, 2009.
62. **Parhizkar, S.**, Nazari, M.R., Saiedabadi, M.R. (2009). Assessing TV advertising influence on Children's nutrition habits. **7th Biennial Conference of the Pacific Asian Communication Association (PACA), 2009.** 10 to 12 January 2009, Kuala Lumpur, University Putra Malaysia.
63. Haji Rashid-Ibrahim, Angeline P.P. Teh, Tengku-Azmi Tengku-Ibrahim, **Saadat Parhizkar**, Latiffah Abdul Latiff, A. Aziz Dollah, Syed-Tajuddin Hassan, Sabariah A.Rahman and Parichehr Hanachi. (2009). A Rat Model for the Study of Osteoporotic Bone Loss and Menopause-like Conditions. **International Conference on Animal Health and Human Safety.** 6-8 December 2009, Putrajaya, Malaysia.
64. **Parhizkar, S.**, Latiff, A.L., Dollah, M.A., Hanachi, P., Ibrahim, R. and Hassan, S.T.S. (2008). Effect of *Nigella sativa* on lipid profile and blood glucose in Ovariectomized rats. **XXXV Brazilian Congress of Clinical Analysis-VIII Brazilian Congress of Clinical Citology Fortaleza – Brasil** 28 September - 2 October 2008.
65. **Parhizkar, S.**, Rashid, I., and Latiffah, A. L. (2008). Comparing different incision techniques for ovariectomy of rats . 4th Malaysia Indonesia Brunei

Medical Sciences Conference. University Kebangsaan Malaysia, 24-26 July, 2008.

66. **Parhizkar, S.,** Latiff, A.L., Dollah, M.A., Hanachi, P. and Ibrahim, R . (2008). Evaluation of the Estrogenic Activity of *Nigella sativa* by Vaginal Cornification Assay. **International conference of Traditional and Complementary Medicine (ICTCM)**, 28-30 Oct. 2008, Sari, Iran.
67. **Saadat Parhizkar,** Latiffah Abdul Latiff, Mohammad Aziz Dollah, Parichehr Hanachi, Rashid Ibrahim and Syed Tajuddin Syed Hassan (2008). Effect of *Nigella sativa* on metabolic syndrome risk factors of OVX rats. XX symposium of Brazilian Medicinal plants, X **International Congress of Ethnopharmacology** September 16-19, 2008 Sao Paolo- Brazil.
68. **Saadat Parhizkar,** Latiffah Abdul Lattif, Sabariah Abdul Rahman, Mohammad Reza Nazari. (2008). Impact of poster to enhancement of students' knowledge regarding different concepts of reproductive health. **3<sup>rd</sup> International Conference of Postgraduate Education (ICPE3)**, December 16-17, 2008 Gurney Hotel, Penang, Malaysia.
69. **Saadat Parhizkar,** Latiffah Abdul Latiff, Mohammad Reza Nazari, Abu Hassan Hasbullah. (2008). The impact of visuals: using a poster to present menopause burden on women wellbeing to medical students. **4<sup>th</sup> International Conference on University Learning and Teaching (INCULT), Transforming Learning and Teaching toward International Practices.** 20-21 October 2008, Concord Hotel, Shah Alam , Malaysia.
70. Ali Reza Nazari, **Saadat Parhizkar** , Mohammad Reza Nazari. (2008). Gender Differences in Occupational Stress among managers in Shiraz high schools. **4<sup>th</sup> International Conference on University Learning and Teaching, Transforming Learning and Teaching toward International Practices,** 20-21 October 2008, Concord Hotel, Shah Alam , Malaysia.
71. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar.** (2008). A step forward to virtual University. **3<sup>rd</sup> International Conference on Postgraduate Education. (ICPE3).** December 16-17, 2008. Gurney Hotel, Penang, Malaysia.
72. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar.** (2008). Teachers' Approach toward Educational Media. **4<sup>th</sup> International Conference on University Learning and Teaching, Transforming Learning and Teaching toward International Practices,** 20-21 October 2008, Concord Hotel, Shah Alam , Malaysia.
73. Latiffah AL, Parhizhar, S, AZIZ Dollah M, Tajuddin SH, **Hanachi P.** (2007). Effect of Nigella sativa on menapusal well-being. Abstract in proceeding Book of Exhibition of Invention, Research & Innovation . 27-29. Nov. 2007. University Putra Malaysia.
74. **Saadat Parhizkar,** Latiffah Abdul Latiff, Sabariah Abdul Rahman, Parichehr Hanachi and Mohammad Aziz Dollah, (2008). Effect of different extract of *Nigella sativa* on metabolic syndrome risk factors in Ovariectomized rats. **Asia Pacific Geriatric Conference,** 13-16, November, Bali, Indonesia.
75. **Saadat Parhizkar,** Latiffah A Latiff and Parichehr Hanachi. (2008). Complementary and Alternative medicine in Menopausal Symptoms Management. **International Congress of Traditional and Complementary Medicine (ICTCM)** October, 28-30 2008, Sari, Iran.

76. Mohammad Reza Nazari, **Saadat Parhizkar**, Latiffah Abdul Lattif, Mohammad Reza Saiedabadi. (2008). Attitude of Fars' residents toward elderly people. **Asia Pacific Geriatric Conference**, 13-16 November, Bali, Indonesia.
77. Latiffah Abdul Latif, Hanachi, Parichehr, **Parhizkar ,Saadat**. (2008). In-Vivo Study of *Nigella sativa* on Protein Expression in Brain Tissues of Rats. **International Congress of Traditional and Complementary Medicine (ICTCM)** October 28-30 2008, Sari, Iran.
78. Mohammad Reza Nazari, Abu Hassan Hasbullah, **Saadat Parhizkar**. (2008). The Effect of Television in Teaching the Concept of Environmental Health to the People of Yasouj. **International Conference on Global Public Health**, University of Agder, Kristiansand, Norway 8-10 October 2008.
79. Latiff, L., Hanahi, P., **Parhizkar, S.** (2008). The significant of soy products and risks of cancer in women. **The first International Gynecology Oncology Congress**. Mashhad, Iran, 10-12 Oct. 2008.
80. Latiffah, A.L., **Parhizhar, S.**, Dollah, M. A., Tajuddin, S.H., Hanachi, P. (2007). Effect of *Nigela sativa* on menapusal well-being. Abstract in proceeding Book of Exhibition of Invention, Research & Innovation . 27-29. Nov. 2007. University Putra Malaysia.
81. **Parhizkar S.** (2001). A comparative study between nutritional patterns of babies under one year in rural and urban regions of Boyrahmad area in 1995. **2nd National congress on Public Health and Protective Medicine**. Kermanshah, Iran, 2001.
82. **Parhizkar S.**, Raygan A., Maryoriad H., Nazari MR. (2001). Effect of T.V on environmental health knowledge **2nd National congress on Public Health and Protective Medicine**. Kermanshah , Iran, 2001.
83. **Parhizkar S.**, Sharifi A. (2001). The prevalence of trichomoniasis among women refer to health and therapeutic centers of Boyerahmad in 1999 **2nd National congress on Public Health and Protective Medicine**. Kermanshah, Iran, 2001.
84. Raygan A., **Parhizkar S.**, Maryoriad H. (2001). Survey of citizen environmental health knowledge in Yasuj. 2001. **4th National Congress of Environmental Health**. Yazd , Iran 2001.
85. Ahmadi A., **Parhizkar S.**, Fararooie M., Karimzadeh K. (2001). A study on the nutrition status in schoolchildren **2nd National congress on Public Health and Protective Medicine**. Kermanshah , Iran 2001.
86. Karimzadeh K., Ahmadi A., **Parhizkar S.**, Fararooie M. (1999). Poster effect on knowledge of students about goiter **4th national congress on Medical Education**, Tehran, Iran, 1999.

#### **SEMINARS AND WORKSHOPS ATTENDED**

No	STATUS	NAME OF CONFERENCE	VENUE	DATE
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1	Participant	The Viva	Faculty of Modern Language and Communication, UPM,	12-13 September 2009
2	Participant	Research Design and Methodology Workshop.	Faculty of Medicine and Health Sciences, UPM, in collaboration with Profesor Dr. Rama Chandran Nair from University of Ottawa, Canada.	12-16 February 2007
3	Participant	Seminar on " Current Regulatory Requirement for health supplement products"	National Pharmaceutical Control Bureau, Ministry of Health, Malaysia.	29 January 2007
4	Participant	Seminar "Research Enhancement Day"	Department of Community Health, Faculty of Medicine and Health Sciences, UPM	3 April 2007
5	Participant	"PUBLISHING FOR POSTGRADUATES" workshop	School of Graduate Studies, UPM	4 & 5 June 2007
6		"Plagiarism Detection" workshop	School of Graduate Studies, UPM	14 July 2007
7	Participant	" Using End Note Software"	School of Graduate Studies, UPM	11 August 2007
8	Participant	National Conference on AGEING NATIONAL DEVELOPMENT: Improving Quality of Later Life.	Putrajaya Marriott Hotel, Malaysia.	18-19th November 2006
9	Participant	Workshop on Research Methodology	Faculty of Agriculture, University Putra Malaysia	7 and 8th August 2006
10	Participant	Educational Workshop of population and Family Planning course Outline	Ministry of Health, Tehran, Iran	25-29 August 2001
11	Participant	Workshop of Prevention and Control of Iodine Deficiency Disorder	Ministry of Health, Tehran, Iran	16-18 October 1997
12	Speaker	Acute Respiratory Infection Disease (ARI) Workshop	Kohgilouyeh & BoyerAhmad Province Health Center	4-6 November 1996
13	Participant	Contribution in National Project entitled: Evaluation of Anemia among women during reproductive Health	Ministry of Health, Yasuj, Iran	5 July to 25 October 1996
14	Participant	Information, Education and Communication Workshop	Kohgilouyeh & BoyerAhmad Province Health Center	20-22 May 1996
15	Participant	Contribution in National Project of Prevention of Poliomyelitis	Ministry of Health, Tehran, Iran	16 March to 13 May 1995

16	Participant	Workshop of Breast feeding extension and Rooming in program	Shiraz, Fars Province Health Center	9-11 August 1995
17	Participant	Meeting of Responsible Director of Nutrition, Health and Family planning Program.	Ministry of Health, Tehran, Iran	16-18 October 1994
18	Participant	Workshop of Breast feeding extension and Rooming in program	Shiraz, Fars Province Health Center	17-20 September 1994
19	Participant	Contribution in National Project of Prevention of Poliomyelitis	Ministry of Health, Tehran, Iran	10 March to 13 May 1994
20	Participant	Workshop of Determination of Educational Needs program	Kohgilouyeh & BoyerAhmad Province Health Center	24-26 January 1992
21	Participant	Acute Respiratory Infection Disease (ARI) Workshop	Kohgilouyeh & BoyerAhmad Province Health Center	9-12 January 1992
22	Participant	Iodine Deficiency Disorder (IDD) Workshop	Kohgilouyeh & BoyerAhmad Province Health Center	29-30 October 1992
23	Participant	Workshop of Control of Diarrhea Disease management	Kohgilouyeh & BoyerAhmad Province Health Center	13-17 April 1992
24	Participant	AIDS, Communicable Disease and Immunization Program	Kohgilouyeh & BoyerAhmad Province Health Center	22-27 April 1992
25	Participant	Workshop of Control of Diarrhea Disease management	Kohgilouyeh & BoyerAhmad Province Health Center	22-27 April 1992
26	Participant	Dental and Oral Health	Kohgilouyeh & BoyerAhmad Province Health Center	20-25 June 1992
27	Participant	Workshop of Determination of Educational program	Kohgilouyeh & BoyerAhmad Province Health Center	24-25 January 1992
28	Participant	National Seminar of Family Spacing	Mashhad Medical University (MUMS), Iran	12-15 February 1991

## **RESEARCH CAREER**

- My Masters Research work was involved on “Comparison of Nutritional Patterns among Infants in urban and rural areas of BoyerAhmad, Iran.



- My PhD research work involved mainly on the, “Effect of *Nigella sativa* on selected menopausal characteristics of menopause-induced rats”.
- My post-doctoral research project was involved on: Determinants of breast and cervical cancer screening among female staff of University Putra Malaysia
- Numerous national and international seminars have been attended where papers were presented. Several short courses have been attended to increase the research capabilities.

### **Teaching Experience:**

- (i) Special English Course for postgraduate Students, 2011-Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (ii) Maternal and Child Health Nursing Care (1), 2011- 2013 Faculty of Nursing and Midwifery, Yasuj University of Medical Sciences (YUMS), Iran.
- (iii) Maternal and Child Health Nursing Care (2), 2011- 2013 Faculty of Nursing and Midwifery, Yasuj University of Medical Sciences (YUMS), Iran.
- (iv) Maternal and Child Health. 2011- Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (v) Family Planning. 2011- Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (vi) Family Planning. 2011- Present. Faculty of Paramedical Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (vii) Reproductive Health, 2011- Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (viii) Pediatrics Diseases. 2011- Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.
- (ix) Geriatric Health. 2011- Present. Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.

- (x) 'PSK 5905 Special Topics for postgraduate', 2008, contribution to teach and prepare teaching materials, Faculty of Medicine and Health Sciences, University Putra Malaysia (UPM).
- (xi) 'EOH 3401 Principles of Health-Adolescence Health ', 2008, contribution to teach and prepare teaching materials, Faculty of Medicine and Health Sciences, University Putra Malaysia (UPM).
- (xii) 'Maternal Health' for Bachelor of Public Health, 1995-1998, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xiii) 'Child Health' for Bachelor of Public Health, 1995-1998, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xiv) 'Family Planning' for Bachelor of Public Health, 1995-1998, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xv) 'Family Planning' for Bachelor of Environmental Health, 1995-1998, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xvi) 'Reproductive Health' for Bachelor of Public Health, 1999-2005, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xvii) 'Children Health Care and their Diseases' for Bachelor of Public Health, 1999-2005, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xviii) 'Public Health I' for Medical Students, 1997-2005, Medicine Faculty, Yasuj University of Medical Sciences, Iran.
- (xix) 'Public Health III' for Medical Students, 1997-2005, Medicine Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xx) 'Family Planning' for Medical Students, 2000-2005, Medicine Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xxi) 'Population and Family Planning' for Bachelor of Anesthesiology, 2000-2005, Paramedical Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xxii) 'Population and Family Planning' for Bachelor of Surgery Nursing, 2000-2005, Paramedical Faculty, Yasuj University of Medical Sciences (YUMS), Iran.
- (xxiii) 'Population and Family Planning' for Bachelor of different Sciences, 2000-2003, Yasuj University of Sciences (YUS), Iran.

- (xxiv) ‘Pregnancy and Delivery’ For Bachelor of Midwifery, 1992-1998, Azad University, Yasuj-Iran.
- (xxv) ‘High Risk Pregnancies’ For Bachelor of Midwifery, 1992-1998, Azad University, Yasuj-Iran.
- (xxvi) ‘Maternal and Child Health’ For Bachelor of Midwifery, 1992-1998, Azad University, Yasuj-Iran.
- (xxvii) ‘Gynecologic Diseases’ For Bachelor of Midwifery, 1992-1998, Azad University, Yasuj-Iran.
- (xxviii) ‘Embryology’ For Bachelor of Midwifery, Nursing Faculty, 1993-1994, Yasuj University of Medical Sciences (YUMS), Iran.
- (xxix) ‘Practical Training in the Health Fields’ for Bachelor of Public Health, 1995-2005, Health Sciences Faculty, Yasuj University of Medical Sciences (YUMS), Iran.

### **Memberships:**

**2012-2013 :** Member of Scientific Committee for The First International Congress of Menopause and Andropause, Ahvaz Jundishapur University of Medical Sciences, 25-28<sup>th</sup> February 2013, Ahvaz, Iran.

**2012-2013 :** Member of Scientific Committee for 7<sup>th</sup> Iranian Epidemiology Congress. “Social Epidemiology”. 14-16 May 2013. Yasuj, Iran.

**2012:** Member of Scientific Committee for Medicinal Plants Conference, 26-29 August 2012. Yasuj University of Medical Sciences, Iran.

**2011:** Member of Scientific and Organizing Committee for scientific cancer research exhibition in conjunction with, WORLD CANCER DAY 2011, 23-25 February 2011.

**2011:** Member of Paper Reviewer Committee of The first Iranian students Conference in Malaysia, 20 April 2011.

**2011:** Member of Scientific Committee for Health and Life Style Conference, 1-3 March 2011, Yasouj University of Medical Sciences, Iran.

**2010:** Member of Scientific and Organizing Committee for Scientific Seminar on Cervical Cancer Screening - Opportunities and Barriers – 20 July 2010, Faculty of Medicine and Health Sciences, University Putra Malaysia (UPM).

**1995-2005:** Member of Research Committee, Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.

**1995-2005:** Member of Education Committee, Faculty of Health Sciences, Yasuj University of Medical Sciences (YUMS), Iran.

**1990-1999:** Member of provincial Women Health Committee, Kohgilouyeh & BoyerAhmad Province Health Center, Iran.

**1992-1998:** Member of provincial Child Health Committee, Kohgilouyeh & BoyerAhmad Province Health Center, Iran.

**1994-1998:** Member of provincial School Health Committee, Kohgilouyeh & BoyerAhmad Province Health Center, Iran.

**1995-1999:** Member of provincial Safe Delivery and Improving Mothers Health Committee, Kohgilouyeh & BoyerAhmad Province Health Center, Iran.

**1994-1998:** Director of Breast feeding program in Kohgilouyeh & BoyerAhmad Province Health Center, Iran.

#### **Honors and Awards:**

1. Award and Certificate as Selected Excellent Researcher of Yasuj University of Medical Sciences (YUMS) (Third Rank), from Dean of Yasuj University of Medicine and Health Sciences, Iran, 2013.

2. Award and Certificate as Selected National Excellent Midwifery Service from Ministry of Health and Medical Education, Iran, 2013.

3. Award and Certificate as Selected Excellent Education Service from Dean of Yasuj University of Medicine and Health Sciences, Iran, 2013.

4. Award and Certificate as Selected Excellent Researcher of Kohgilouyeh va Boyer Ahmad Province, from Provincial Governor, Iran, 2012.

5. Award and Certificate as Selected Excellent Researcher of Yasuj University of Medical Sciences (YUMS) (First Rank), from Dean of Yasuj University of Medicine and Health Sciences, Iran, 2012.

6. Award and Certificate as Selected Excellent Researcher of Kohgilouyeh va Boyer Ahmad Province, from Provincial Governor, Iran, 2011.

7. Award and Certificate as Selected Excellent Researcher of Yasuj University of Medical Sciences (YUMS) (First Rank), from Dean of Yasuj University of Medicine and Health Sciences, Iran, 2011.

8. Award and Certificate as Selected Excellent Iranian post-graduate student in South East Asia from Ministry of Higher Education and Technology, Iran, 2011.

9. Award and Certificate as Selected Excellent Midwifery Service from Ministry of Health and Medical Education, Iran, 1996.

10. Award and Certificate as Selected Excellent Education Service from Dean of Yasuj University of Medicine and Health Sciences, Iran, 2000.

11. Award and Certificate as Selected Excellent Writer from Islamic Republic of Iran Broadcasting (IRIB), Chahbahar, Iran, 2003.

12. Award and Certificate as Selected Excellent health officer, from Dean of Yasuj University of Medicine and Health Sciences, Iran, 1992.

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